

Campeonatos Regionais de Verão
Loule, 12 - 14/7/2019

Prova 11 Masc., 400m Estilos 13 anos e mais velhos
12/07/2019 - 16:55 Resultados

Recordes Regionais - ANALGARVE Abso4:32.19	Nuno Goncalo, QUINTANILHA	POR	Mairena Del Aljarafe (ESP)	30/05/2010
Recordes Regionais - ANALGARVE Sen 4:32.19	Nuno Goncalo, QUINTANILHA	POR	Mairena Del Aljarafe (ESP)	30/05/2010
Recordes Regionais - ANALGARVE Jun. 4:39.22	Hugo Cascais, RODRIGUES	POR	Aveiro	27/07/2007
Recordes Regionais - ANALGARVE Jun. 4:37.10	Hugo Cascais, RODRIGUES	POR	Coimbra	28/07/2006
Recordes Regionais - ANALGARVE Juv. 4:39.46	Tiago Miguel, VILHENA	POR	Coimbra	31/03/2017
Recordes Regionais - ANALGARVE Juv. 4:43.66	Tiago Miguel, VILHENA	POR	Oeiras	22/07/2016
Recordes Regionais - ANALGARVE Inf. A4:49.60	Tiago Miguel, VILHENA	POR	Oeiras	17/07/2015
Recordes Regionais - ANALGARVE Inf. B5:23.67	Bernardo Antonio, ALVES	POR	Rio Maior	20/07/2012

Pontos: FINA 2019

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
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Juvenis B

1. Miguel Salomao, TRISTAC04	Portinado	5:20.97	438	1:16.28	1:19.72	1:32.21	1:12.76
50m:	150m:	250m:		350m:			
100m: 1:16.28	200m: 2:36.00	300m: 4:08.21		400m: 5:20.97			
2. Martim Rodrigues, AFONS04	Aquatico Silves	5:37.17	378	1:16.91	1:28.74	1:36.20	1:15.32
50m:	150m:	250m:		350m:			
100m: 1:16.91	200m: 2:45.65	300m: 4:21.85		400m: 5:37.17			
3. Ruben Luis, GUERREIRO04	Portinado	6:45.91	216	1:35.20	1:49.83	1:46.31	1:34.57
50m:	150m:	250m:		350m:			
100m: 1:35.20	200m: 3:25.03	300m: 5:11.34		400m: 6:45.91			

Juvenis A

1. Joao Pedro, CARRASCO 03	Portinado	5:10.97	482	1:10.64	1:21.69	1:26.34	1:12.30
50m:	150m:	250m:		350m:			
100m: 1:10.64	200m: 2:32.33	300m: 3:58.67		400m: 5:10.97			

Juniores

1. F., CHAVEIRO 02	Portinado	5:46.39	348	1:19.80	1:29.47	1:36.14	1:20.98
50m:	150m:	250m:		350m:			
100m: 1:19.80	200m: 2:49.27	300m: 4:25.41		400m: 5:46.39			

Seniores

1. Andre Serro, JOAQUIM 00	Portinado	5:05.15	510	1:07.35	1:21.00	1:27.86	1:08.94
50m:	150m:	250m:		350m:			
100m: 1:07.35	200m: 2:28.35	300m: 3:56.21		400m: 5:05.15			

Juvenis

1. Joao Pedro, CARRASCO 03	Portinado	5:10.97	482	1:10.64	1:21.69	1:26.34	1:12.30
50m:	150m:	250m:		350m:			
100m: 1:10.64	200m: 2:32.33	300m: 3:58.67		400m: 5:10.97			
2. Miguel Salomao, TRISTAC04	Portinado	5:20.97	438	1:16.28	1:19.72	1:32.21	1:12.76
50m:	150m:	250m:		350m:			
100m: 1:16.28	200m: 2:36.00	300m: 4:08.21		400m: 5:20.97			
3. Martim Rodrigues, AFONS04	Aquatico Silves	5:37.17	378	1:16.91	1:28.74	1:36.20	1:15.32
50m:	150m:	250m:		350m:			
100m: 1:16.91	200m: 2:45.65	300m: 4:21.85		400m: 5:37.17			
4. Ruben Luis, GUERREIRO04	Portinado	6:45.91	216	1:35.20	1:49.83	1:46.31	1:34.57
50m:	150m:	250m:		350m:			
100m: 1:35.20	200m: 3:25.03	300m: 5:11.34		400m: 6:45.91			

Absoluto

1. Andre Serro, JOAQUIM 00	Portinado	5:05.15	510	1:07.35	1:21.00	1:27.86	1:08.94
50m:	150m:	250m:		350m:			
100m: 1:07.35	200m: 2:28.35	300m: 3:56.21		400m: 5:05.15			
2. F., CHAVEIRO 02	Portinado	5:46.39	348	1:19.80	1:29.47	1:36.14	1:20.98
50m:	150m:	250m:		350m:			
100m: 1:19.80	200m: 2:49.27	300m: 4:25.41		400m: 5:46.39			

Campeonatos Regionais de Verão
Loule, 12 - 14/7/2019

Prova 11, Masc., 400m Estilos

EXH Yury, FOMIN	06	Louletano / Loule Concelhc	5:49.76	338	1:21.33	1:19.01
50m:		150m:	250m:		350m:	
100m: 1:21.33		200m:	300m: 4:30.75		400m: 5:49.76	