

4º Trofeu de Natacao de Lagoa
Lagoa, 27 - 28-10-2018

Prova 11
27-10-2018 - 15:30

Masc., 400m Livres

14 anos e mais velhos
Resultados

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts	
Infantis A										
1.	Marin, CEPELEAGA		05	Portinado				5:29.47		
	50m:	35.50 35.50	150m:	1:57.67	41.57	250m:	3:23.11	43.12	350m:	4:49.08 43.15
	100m:	1:16.10 40.60	200m:	2:39.99	42.32	300m:	4:05.93	42.82	400m:	5:29.47 40.39
2.	Tiago Batista, OLIVEIRA		05	Natação de Faro				5:39.19		
	50m:	36.77 36.77	150m:	2:02.90	44.50	250m:	3:29.57	43.34	350m:	4:57.83 43.40
	100m:	1:18.40 41.63	200m:	2:46.23	43.33	300m:	4:14.43	44.86	400m:	5:39.19 41.36
3.	Ricardo Miguel, BARRIGA		05	Natação de Faro				6:21.02		
	50m:	41.15 41.15	150m:	2:17.77	49.28	250m:	3:56.75	49.34	350m:	5:34.40 48.88
	100m:	1:28.49 47.34	200m:	3:07.41	49.64	300m:	4:45.52	48.77	400m:	6:21.02 46.62
Juvenis B										
1.	Ruben Filipe, FRANCISCO		04	Portinado				4:48.37		
	50m:	31.18 31.18	150m:	1:40.88	35.62	250m:	2:55.55	37.74	350m:	4:11.70 38.11
	100m:	1:05.26 34.08	200m:	2:17.81	36.93	300m:	3:33.59	38.04	400m:	4:48.37 36.67
2.	Afonso Miguel, SILVA		04	Natação de Faro				5:21.56		
	50m:	36.48 36.48	150m:	1:57.45	41.12	250m:	3:20.76	41.65	350m:	4:42.79 40.29
	100m:	1:16.33 39.85	200m:	2:39.11	41.66	300m:	4:02.50	41.74	400m:	5:21.56 38.77
3.	Joao Pedro, DIAS		04	Lagoa AC				5:59.77		
	50m:	39.73 39.73	150m:	2:10.30	45.79	250m:	3:42.06	46.28	350m:	5:13.67 45.29
	100m:	1:24.51 44.78	200m:	2:55.78	45.48	300m:	4:28.38	46.32	400m:	5:59.77 46.10
4.	Pedro Santos, ENCARNAÇÃO		04	FC Ferreiras/AlgarExperience				6:00.15		
	50m:	41.11 41.11	150m:	2:12.29	45.95	250m:	3:46.37	46.63	350m:	5:19.54 45.58
	100m:	1:26.34 45.23	200m:	2:59.74	47.45	300m:	4:33.96	47.59	400m:	6:00.15 40.61
Absoluto										
1.	Andre Serro, JOAQUIM		00	Portinado				4:19.27		
	50m:	28.90 28.90	150m:	1:33.10	32.31	250m:	2:41.28	34.14	350m:	3:47.79 32.60
	100m:	1:00.79 31.89	200m:	2:07.14	34.04	300m:	3:15.19	33.91	400m:	4:19.27 31.48
2.	Ricardo Jorge, JOSÉ		02	Natação de Faro				4:37.84		
	50m:	30.96 30.96	150m:	1:40.16	35.31	250m:	2:50.93	35.54	350m:	4:02.57 36.00
	100m:	1:04.85 33.89	200m:	2:15.39	35.23	300m:	3:26.57	35.64	400m:	4:37.84 35.27
3.	Diogo Martins, SANTOS		02	Portinado				4:46.49		
	50m:	31.79 31.79	150m:	1:41.95	35.09	250m:	2:54.96	36.51	350m:	4:09.69 37.68
	100m:	1:06.86 35.07	200m:	2:18.45	36.50	300m:	3:32.01	37.05	400m:	4:46.49 36.80
4.	Hugo Filipe, GORDINHO		98	Natação de Faro				4:57.69		
	50m:	33.34 33.34	150m:	1:47.83	37.73	250m:	3:03.55	37.90	350m:	
	100m:	1:10.10 36.76	200m:	2:25.65	37.82	300m:	3:41.28	37.73	400m:	4:57.69