Prova 35 — Masc., 400m Estilos — Absoluto
04-11-2018 - 14:10 — Resultados

Rec Nacionais - 25m Absoluto	4:06.83	CARVALHO Diogo Filipe	POR	Istambul (TUR)	11-12-2009
Rec Nacionais - 25m Sen	4:06.83	CARVALHO Diogo Filipe	POR	Istambul (TUR)	11-12-2009
Rec Nacionais - 25m Jun18	4:11.20	VITAL Joao Alexandre	SCP	Porto	11-12-2015
Rec Nacionais - 25m Jun17	4:21.93	VITAL Joao Alexandre	ADRCIMM	Porto	19-12-2014
Rec Nacionais - 25m Juv A	4:25.04	VITAL Joao Alexandre	ADRCIMM	Tomar	13-12-2013
Rec Nacionais - 25m Juv B	4:35.02	CARVALHO Diogo Filipe	CGA	Braga	21-03-2003
Rec Nacionais - 25m Inf A	4:40.32	FREITAS Tomas Miguel	CDN	Funchal	09-07-2004
Rec Nacionais - 25m Inf B	4:49.65	RUIVO Andre Vilas	DNMG	S. António Cavaleiros	15-03-2013

TAC : 4:38.00

Pontos: FINA 2018

Lugar	Nome do nadador	Ano	Classes	Cod Exc	Clube	Tempo final	FINA	Pts
1.	CARVALHO Diogo Filipe	88			Galitos / Bresimar	**4:13.05**	806	20,00
	50m: 26.60 26.60 150m: 1:30.67 33.23 250m: 2:37.49 33.88 350m: 3:43.32 30.80							
	100m: 57.44 30.84 200m: 2:03.61 32.94 300m: 3:12.52 35.03 400m: 4:13.05 29.73							
2.	VITAL Joao Alexandre	98			Sporting	**4:17.83**	762	16,00
	50m: 27.76 27.76 150m: 1:31.42 32.36 250m: 2:40.72 37.59 350m: 3:48.21 30.29							
	100m: 59.06 31.30 200m: 2:03.13 31.71 300m: 3:17.92 37.20 400m: 4:17.83 29.62							
3.	ASSUNCAO Vinicius Tavares	00			Sporting	**4:21.91**	726	15,00
	50m: 27.46 27.46 150m: 1:33.86 33.99 250m: 2:44.44 37.40 350m: 3:53.88 30.90							
	100m: 59.87 32.41 200m: 2:07.04 33.18 300m: 3:22.98 38.54 400m: 4:21.91 28.03							
4.	RAMOS Bruno Miguel	97			Belenenses	**4:22.32**	723	14,00
	50m: 28.59 28.59 150m: 1:33.89 33.62 250m: 2:45.55 37.85 350m: 3:53.59 30.30							
	100m: 1:00.27 31.68 200m: 2:07.70 33.81 300m: 3:23.29 37.74 400m: 4:22.32 28.73							
5.	PINOTES Pedro Miguel	89			Sporting	**4:31.17**	655	13,00
	50m: 28.88 28.88 150m: 1:38.66 36.32 250m: 2:51.33 37.43 350m: 4:01.71 32.47							
	100m: 1:02.34 33.46 200m: 2:13.90 35.24 300m: 3:29.24 37.91 400m: 4:31.17 29.46							
6.	CARVALHO Jose Paula	98			Benfica	**4:31.58**	652	12,00
	50m: 29.11 29.11 150m: 1:37.18 35.95 250m: 2:51.22 38.03 350m: 4:02.50 32.66							
	100m: 1:01.23 32.12 200m: 2:13.19 36.01 300m: 3:29.84 38.62 400m: 4:31.58 29.08							
7.	LOPEZ APONTE Daniel *FTL*	03			Andalucia	**4:41.93**	582	11,00
	50m: 29.79 29.79 150m: 1:41.05 36.56 250m: 2:56.73 40.30 350m: 4:09.75 32.94							
	100m: 1:04.49 34.70 200m: 2:16.43 35.38 300m: 3:36.81 40.08 400m: 4:41.93 32.18							
DNS	LOPES Gabriel Jose	97			Louzan Natacao/EFAPEL			-

Organização
Parceiros